Deep in Ten Acre woods is a grove of Silver Birch trees near the Den and the Ravine.

Silver Birch trees have papery thin silver bark that peels off sometimes. Birch bark can be made into Birch tar - which is a waterproof glue that is thought to have been used by Neanderthals as early as 200,000 years ago.

The silver birch fairy has long been watching over humans and loves being useful.

Next time you go out into Ten Acre woods, why not take some paper and wax crayons with you and take some bark rubbings from my trees?

The older my trees are, the more gnarly looking the bark becomes!